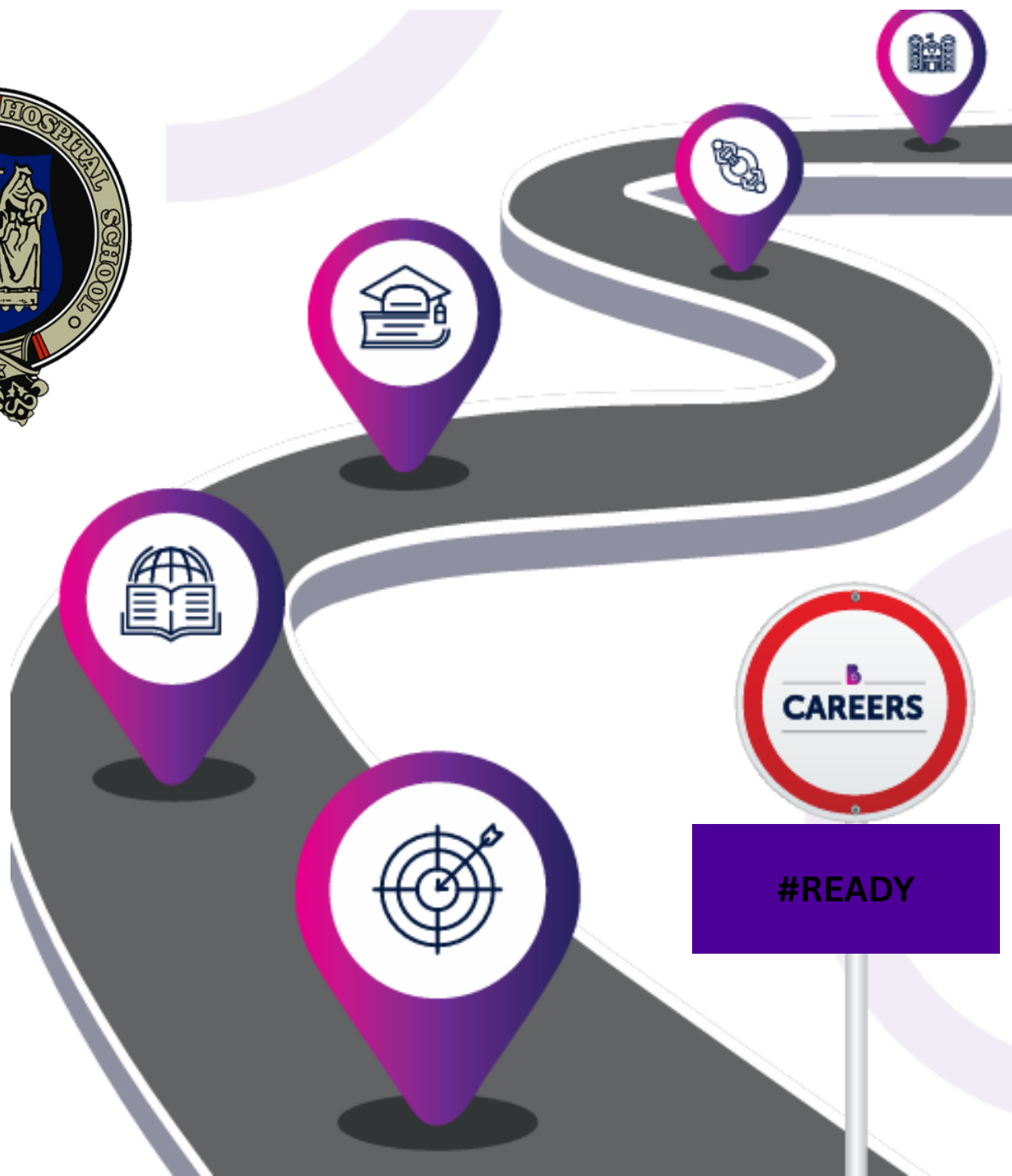


LCHS SIXTH FORM

CAREERS PROGRAMME



CAREERS PLANNING IN SIXTH FORM

Our careers programme is designed to embed the career development skills set out within the Skills Builder Framework. Its purpose is to support all students in the planning of their career, so that they leave The Sixth Form with the skills, knowledge and confidence needed for the next step of their career journey.

We provide students with multiple opportunities to:

- Develop self-awareness of their skills, strengths and interests in relation to higher education and career options.
- Research their career ideas and HE goals.
- Engage with employers, universities and apprenticeship providers.
- Understand labour market information and its impact on the choices that they make.
- Develop and identify key employability skills so that they have the confidence to demonstrate these during the recruitment process, both for employment and university places.
- Explore enrichment opportunities outside of the curriculum.

As a Sixth Form we actively encourage parents and carers to support their son/ daughter with their career planning and exploration. We actively share information throughout the year and offer inperson meetings when suitable and needed.

Gatsby Benchmarks

The aim of this strategy was to raise the aspirations of all young people and improve social mobility, by ensuring all students have access to a quality careers programme. The quality of this programme is measured against 8 Gatsby benchmarks.

1. A stable careers programme.
2. Learning from career and labour market information.
3. Addressing the needs of each pupil.
4. Linking curriculum learning to careers.
5. Encounters with employers and employees.
6. Experiences of the workplace.
7. Encounters with further and higher education.
8. Personal guidance.

Further details of the National Careers Strategy and Gatsby Benchmarks can be found at www.gatsby.org.uk.

LCHS Sixth Form works hard to ensure our careers programme meets the needs of all our students and provides them with many opportunities to acquire career development skills. How we achieve this is set out in the following pages.



'Career describes our journey through life, learning and work. We need to actively develop our careers to make the best of them. This process of career development takes skill as well as knowledge and the right attitude.' (The Career Development Institute, (CDI))



YEAR 1 CAREERS PROGRAMME

THROUGHOUT ACADEMIC YEAR

WHAT/HOW

Within each subject area, students are provided with numerous opportunities to develop key skills as set out in the Skills Builder and explore a range of careers and labour market information, in relation to their subject(s) and career aspirations:

This includes guest speakers from higher education and employment as well as trips which give students experiences of a variety of workplace and university settings

WHAT/HOW

Opportunities for work experience:

Work-related experiences, including Live Project Briefs delivered via subject areas and opportunities to undertake Workplace Safaris as part of the wider college careers programme. These experiences will enhance future applications to university and employment

WHAT/HOW

1:1 Guidance appointments with our team of qualified careers advisers:

Students can visit the Careers Hub to book an appointment or request a booking through the Sixth Form Team.

WHAT/HOW

Enrichment activities, such as volunteering, Student Voice, Debating Society, First Aid and the Student Leadership Programme:

Students are actively encouraged to sign up to the many enrichment activities available. Students are provided with details of these activities at enrolment. An enrichment day takes place during the Autumn term, providing students with a 'taster' of the enrichment activities on offer

AUTUMN TERM

WHAT/HOW

Students are made aware of the careers support available and how to book a careers appointment:

Given introduction to Career Advisor during transition programme and through Academic Mentoring

WHAT/HOW

Team Building and Leadership Skills:

In personal development, students will develop important employability skills around team building and leadership. These are the skills that are necessary to succeed both in school and in any workplace setting.

WHAT/HOW

Eligible students are provided with information about a range of widening participation programmes.

These are promoted via the Sixth Form Team and guest speakers from these programmes deliver information sessions about the programme content and how to apply



SPRING TERM

WHAT/HOW

Debating & Presentation Skills:

In Personal Development, students undertake a series of sessions on debating and deliver an individual presentation. These activities help students to develop their communication, an important employability skill for any workplace setting

WHAT/HOW

Professional Growth Programme, Recruitment Processes, University and Apprenticeship Research:

In the first half of this term, students participate in a selection of workshops on application form writing, interview techniques and selection processes. For the remainder of the term, students will have the opportunity to explore the different routes they can take on completion of sixth form, by undertaking projects on university life, or life as an apprentice

WHAT/HOW

'Beyond 6F'

Guest presenters of HE institutions and apprenticeship providers given to students and key information shared with parents on information on University life, UCAS and student finance.



SUMMER TERM

WHAT/HOW

Finance, Budgeting and Fraud

Delivered in Personal Development, these sessions raise awareness of the importance of managing finances, including the importance of this at university and/or when in employment.

WHAT/HOW

Interview Skills:

Students will take part in a range of practical activities in Personal Development where they will work on and develop their interview technique in preparation for future interviews for jobs, apprenticeships and competitive university courses.

WHAT/HOW

Futures Day

Students will attend different workshops to support their applications to universities, apprenticeships, employment or planning for gap years.

WHAT/HOW

Academic Mentoring - UCAS sessions

Students research their university and career ideas. Students begin to complete the UCAS application process during the final tutor groups of the summer term, including draft writing of their UCAS personal statement



YEAR 2 CAREERS PROGRAMME

THROUGHOUT ACADEMIC YEAR

WHAT/HOW

Within each subject area, students are provided with numerous opportunities to develop key skills as set out in the Skills Builder and explore a range of careers and labour market information, in relation to their subject(s) and career aspirations:

This includes guest speakers from higher education and employment as well as trips which give students experiences of a variety of workplace and university settings

WHAT/HOW

Opportunities for work experience:

Work-related experiences, including Live Project Briefs delivered via subject areas and opportunities to undertake Workplace Safaris as part of the wider college careers programme. These experiences will enhance future applications to university and employment

WHAT/HOW

1:1 Guidance appointments with our careers co-ordinator

Students can visit the Careers Hub to book an appointment or request a booking through the Sixth Form Team.

WHAT/HOW

Enrichment activities, such as volunteering, Learner Voice, Debating Society, First Aid and the Student Leadership Programme:

Students are actively encouraged to sign up to the many enrichment activities available. Students are provided with details of these activities at enrolment. An enrichment day takes place during the Autumn term, providing students with a 'taster' of the enrichment activities on offer

WHAT/HOW

1:1 interview preparation and support:

Students can book appointments with the careers co-ordinator and Sixth Form Team to practice for both university admissions interviews and apprenticeship/employment interviews. If suitable we use externals in certain careers to support.



AUTUMN TERM

WHAT/HOW

UCAS, Personal Statements, Apprenticeships and progression pathways:

The focus for second-year students in Academic Mentoring is to ensure a plan is in place for the end of sixth form. Students receive support and guidance from Academic Mentors with the completion of their UCAS applications and applications for jobs and apprenticeships

WHAT/HOW

1:1 Personal Statement Support

A range of university admissions experts provide 1:1 appointments to offer advice on personal statements. This runs in conjunction with and compliments the personal statement support provided by the Sixth Form Mentors and subject teachers.

WHAT/HOW

Personal Development:

In Personal Development, students take part in a range of sessions to equip them with the skills and mindset they will need to succeed both in their end of year exams and in life after sixth form. This includes activities to develop time management, resilience and the importance of well-being.



SPRING TERM

WHAT/HOW

Budgeting and Independent Living:

Delivered Personal Development time students gain awareness of the importance of managing finances, both at university and/ or in employment. Students learn more about how the student finance system works and how they can create an excel spreadsheet to help them to monitor and manage their own finances

WHAT/HOW

Transition Support:

In tutor group, the focus moves to progression and ensuring students have plans in place for when they leave The Sixth Form.

SUMMER TERM

WHAT/HOW

Ongoing support from Sixth Form and Careers Co-ordinator

As students prepare to leave The Sixth Form the Academic Mentor, Sixth Form Team and careers co-ordinator are still available to support students who need it. Students can arrange 1:1s with the careers co-ordinator to discuss any concerns they have around their transition to university, apprenticeships or employment. Students who have not managed to secure a job and have decided not to apply to university can attend our employability fair which is attended by training providers, FE colleges and external support agencies , to find out more about their options and the people who can help them after completing their studies with us.

